



# LEADERSHIP & RESILIENCE BUILDER PROGRAM (LRBP)

FSC IS ACCEPTING APPLICATIONS FOR 6TH, 7TH AND 8TH GRADE STUDENTS FOR SPRING 2023.

## WHAT IS THE LEADERSHIP & RESILIENCE PROGRAM?

- LRBP is an Evidence-Based Program lead by certified clinicians.
- LRBP will help you bolster leadership and resilience by enhancing skills to adapt well to life and its challenges, like social competencies and self-regulation skills.



Parent sessions incorporated in the curriculum (two or three times).

### WHERE?

Family Service Center  
191 Waukegan Road,  
Suite 206, Northfield

### WHEN?

Mondays 6:00 – 7:00 p.m.  
March 13th to May 22th 2023

## CALL 847-251-7350 TO LEARN MORE

Family Service Center is a community-based, not-for-profit, mental health agency that provides a range of mental health services for individuals and families. We believe everyone deserves access to quality services and we remove financial barriers to making that happen at FSC.

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