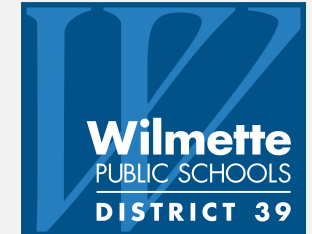


Parent Education Events

Join us for presentations held virtually on topics related to social emotional health to technology. These presentations are FREE and open to the public. Some are led by the Family Service Center and some are led by District 39. The FSC presentations will have an optional follow-up evening for a facilitated discussion on the topic.

Please contact Tony DeMonte at 847-512-6007 or demontet@wilmette39.org for additional information.



<http://bit.ly/D39ParentNights> to Register

Tuesday, September 22nd at 7pm	Parenting During COVID-19: Supporting Adjustment at Home and at School (FSC)
Tuesday, October 20th at 7pm	Whole Brain Child Approach: Strategies for Effective Parenting During Highly Emotional Times (FSC)
Wednesday, October 28th at 7pm	Supporting Physical Health in a Digital World: A Panel Discussion (D39)
Tuesday, November 10th at 7pm	Anxiety and Growth Mindset: Helping Kids Cope with Challenges and Setbacks (FSC)
Tuesday, December 8th at 7pm	Stress Management: Helping Kids Cope with Stress (FSC)
Wednesday, January 27th at 7pm	Developmental Expectations: Helping Kids Increase Competency and Independence (FSC)
Tuesday, February 16th at 7pm	Social Relationships: Helping Kids Navigate Friendships and Groups (FSC)
Wednesday, March 10th at 7pm	Parenting in a Digital Age (D39)
Wednesday, April 14th at 7pm	App Tasting: Quick Demonstrations of Apps Kids are Using (D39)