

Planning a Tiered Activity - 3rd Grade

THE BIG IDEA

Key Concept: Healthy eating comes from knowing healthy nutrition and understanding balance in our diets.

Engaging Whole Group/ Hook:

Read old preschool favorite *The Hungry Caterpillar*
View video on the food pyramid/food groups.

All Students Will:

- *Show knowledge of food groups.
- *Show understanding of the relationship of good health and eating.

Preassessment:

Tiered by:
(see list)